



Project F.R.E.E.

Promoting stable homes and brighter futures for our children



Join other parents in discovering ways to manage stress and elevate their relationships!

FREE PROGRAM FOR COUPLES!



NOW OFFERING VIRTUAL PROGRAMS

**In addition to our amazing
ELEVATE
program, each parent receives:**

- Up to \$150 e-gift card to Amazon.com for completing this FREE program
- Up to \$175 in e-gift cards if you complete surveys before and after the program

To be eligible, participants must be

**(1) an active foster or kinship caregiver OR
(2) a parent/caregiver of a child under the age of 18 and meet one or more of the following criteria:**

- **Participating in any in-home service program (e.g., Head Start, Parents as Teachers, First Steps)**
- **Currently receiving financial support services (e.g., SNAP, WIC, TANF, Medicaid)**
- **Closed DFCS investigation, foster care, family preservation, or family support case**

To Register: Text your NAME, ELEVATE, and COUNTY to (706) 688-9260.
One of our navigators will call you to share more information and complete your registration.

Not in a couple relationship? Check out our program for single parents.

ugaprojectfree.com



**UNIVERSITY OF GEORGIA
EXTENSION**

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