



## Project F.R.E.E.

*Promoting stable homes and  
brighter futures for our children*



**Join other parents in discovering ways to manage stress and elevate their relationships!**

### FREE PROGRAM FOR COUPLES!



### NOW OFFERING VIRTUAL PROGRAMS

## In addition to our amazing **ELEVATE** program, each parent receives:

- Up to \$150 e-gift card to Amazon.com for completing this FREE program
- Up to \$175 in e-gift cards if you complete surveys before and after the program

#### To be eligible, participants must be

- (1) an active foster or kinship caregiver OR
- (2) a parent/caregiver of a child under the age of 18 and meet one or more of the following criteria:

- Participating in any in-home service program (e.g., Head Start, Parents as Teachers, First Steps)
- Currently receiving financial support services (e.g., SNAP, WIC, TANF, Medicaid)
- Closed DFCS investigation, foster care, family preservation, or family support case

**To Register:** Text your NAME, ELEVATE, and COUNTY to (706) 688-9260.  
One of our navigators will call you to share more information and complete your registration.

*Not in a couple relationship?* Check out our program for single parents.

# ugaprojectfree.com



EXTENSION

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